



# EUROKWAI JUDO

Est. 1976

Egham Orbit Leisure Centre, Vicarage Road, Egham TW20 8NL

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## CODE OF CONDUCT FOR STUDENTS

**As a young person taking part in Judo at Eurokwai, we'd like you to:**

### The essentials

- keep yourself safe by listening to instructors and following their instructions
- act in a safe, responsible manner
- when you're with us, stay in the places where you're supposed to, do not wander off or leave without telling us or asking permission
- take care of our mats as if they were your own
- arrive at lessons on time and understand that if you arrive late you must complete warm up exercises before joining the class, and if you arrive more than 15 minutes late for health and safety reasons you will not be allowed to join the class.
- bow when entering/leaving the Dojo (training studio) and walking on/off the mat. Also bow to each Partner before and after practising.
- make sure you:
  - have short clean finger and toe nails to avoid injury to yourself or others
  - tie back long hair
  - do not wear jewellery - any items of a religious nature that cannot be removed must be suitably covered
  - always bring and wear your judo suit, which should be clean
- please use either the term Sensei or Mr/Miss Murray when talking to Instructors
- attend grading examinations which are held 3 times a year based on your regular attendance
- do not attend if you are suffering from flu, colds or any form of physical injury, in the interests of health and safety of yourself and others
- do not smoke or consume alcohol or take drugs on our premises or during practices
- report any injury incurred at a lesson or any welfare concern to Miss Murray the Welfare and Safeguarding Officer
- understand you will have to cease training at Eurokwai and join an adult club when you reach the age of 18 as lessons at Eurokwai are for children only



### Behaviour

- respect and celebrate difference in our club or activity and not discriminate against anyone else on the grounds of gender, race, sexual orientation or ability
- report any incidents of bullying, including homophobia and transphobia, even if you're just a witness
- treat other young people with respect and appreciate that everyone has different levels of skill and ability
- make Eurokwai Judo a welcoming and friendly place to be
- support and encourage your fellow students
- respect your instructors
- be a good sport, be gracious whether you win or lose, do not worry about winning or losing
- practise by the rules and have fun
- never use your Judo outside of lessons, especially not at school in the playground
- refrain from fighting unless in self-defence
- higher grades should always respect and assist lower grades
- under no circumstances will bullying or showing off be tolerated.

**As a young person taking part, we understand you have the right to:**

- enjoy the time you spend at Eurokwai and know that you are safe
- talk to Miss Murray the Welfare and Safeguarding Officer or the Instructors if something's not right
- be listened to
- be involved and contribute within lessons
- be respected by Instructors and other students
- be treated fairly, feel welcomed, valued and not judged based on your race, gender, sexuality or ability
- be encouraged and develop skills with our help
- be looked after if there's an accident or injury and have your parents informed if needed

*We expect all students to follow the behaviours and requests set out in this code. If any student behaves in a way which contradicts any of the points set out above, we'll address the problem straight away with parent's involvement and aim to resolve the issue. Continued issues and repeated breaches of this code may result in us regrettably asking a student to leave the club permanently, for the welfare of other students and instructors, although this is something we never want to do it is a right we reserve.*

